



KIDCO Child Care

Miami, FL

February 2018

## Days to Remember

February 2

- **Groundhog Day**
- Children will create "shadow blocks" in the block area with flashlights.
- "Find your Shadow" activity during the outside play time

February 7

- 10:00am - Miami Dade County Firetruck Presentation - KIDCO IV

February 10

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO II

February 12-18

- **Health Week**
- Children will create a "life-size" model showing the circulatory and muscle systems.

February 13

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO IV

February 14

- **San Valentine's Day - Red Day!** Show your love for color red!
- 10:00am - Miami Dade County Firetruck Presentation - KIDCO V
- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO VII

February 15

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO V

February 19

- **President's Day - ALL CENTERS CLOSED**

February 20

- 3:00pm - Multicultural Diversity and Black History Training/Activity - KIDCO VI

February 21

- 10:00am - Miami Dade County Firetruck Presentation - KVII
- 1:00pm - Policy Committee Meeting - KIDCO V

February 22

- 9:00am - Black History Celebration Parade - All Centers

## Parent's Corner

### THINGS DADS CAN DO FOR THEIR CHILDREN

Almost every father wonders "How can I be a part of my child's life?" It's not difficult because whether your child is a toddler, preschooler or teenager, the smallest things can make the biggest differences.

1. **Give them a daily hug packaged with an "I love you."** From infancy to adolescence, every child needs to feel special and expressing these feelings to your child will give him or her a boost of confidence they will take with them through life.
2. **Ask about and listen to their feelings with genuine interest.** Take time to talk with your children every day and show them that they truly matter to you.
3. **Enthusiastically attend their school, sports and are events.** Children will take so much more pride and attention to their achievements when they see that they mean so much to you.
4. **Model how to treat others, especially their mother.** Remember that you are the first and most formative role model for your children to learn how men and women treat one another.
5. **Make them feel like the best and most unique child in the world.** Children, who hear praise and appreciation from their earliest years, develop a positive sense of self that influences their future relationships with others and make them more likely to be successful.

Remember, you can have a starring role in your child's happiest memories. Your active presence in their lives can give them the confidence to overcome their challenges now and in the future.

## Nutrition

### "SPARKLING "FRIENDSHIP POTION"

Healthy Alternative to soda!

#### Ingredients:

- 1 Orange quartered and thinly sliced, seeds removed
- 1 Cup of strawberries thinly sliced
- 2 Cups cranberry-raspberry juice
- 2 Cups club soda

#### Directions:

- Place the fruits slice in a pitcher, and then pour in the juice and the soda.
- Serve 4 ounces to each child.

## February's Birthdays

Rosanna Mojica	February 1
Silvia La Villa	February 8
Kenia Reyes	February 20
Marisela Perez	February 21
Yanet de la Fuente	February 23
Ana Ivis Colina	February 25
Marietta Gutierrez	February 27

## Community Events

**Miami Children Museum** - 3<sup>rd</sup> Friday of each month

**Miami History Museum** - 2<sup>nd</sup> Saturday of each month

**FREE ADMISSION**